



UNITED TRIBES
TECHNICAL COLLEGE
LAND GRANT EXTENSION

UTTC LAND GRANT EXTENSION

UTTC Lifeskills Lessons – Managing Home & Self

Lesson 36: Taking Owership - Writing Your Own Story

LS00036

Assiniboine Quote

**Most of us do not look as handsome
to others as we do to ourselves. –**
Assiniboine



RESOURCES

- Jerry Pattengale, Propose Guided Student: Dream to Succeed.
- <http://articles.bplans.com/writing-a-mission-statement/>
- <http://www.goodcharacter.com/ISOC/Responsibility.html>
- <https://www.ag.ndsu.edu/casscountyextension/home-and-family/unplug-the-holiday-machine>
- <https://www.youtube.com/watch?v=vVsXO9brK7M> – (video 10.3 minutes – who you are – what is life about)

How We See and Serve Ourselves

Personal responsibility is ownership of our selves. It is the willingness to accept the importance of societal rules and to make strong personal efforts to live by those rules. Personal responsibility also means that when individuals fail to follow the rules, they do not look around for someone or something besides themselves to blame.

The sense of personal responsibility is lost when individuals blame their government, family, friends, teachers, or their economic circumstances for their own failure to follow the rules. **Three areas where individuals most need to learn and practice personal responsibility are education, sexual behavior and marriage, and earning money to support basic needs (food, clothing, shelter, education, perhaps transportation) and perhaps some wants (phone, electronics, entertainment, travel, etc.).**

If children are to learn about personal responsibility parents, Tribal leaders, and federal government programs must expect that children will grow into adults who will make wise choices.

- 1. The first area of personal responsibility is education.** Meaning students must accept the responsibility to study hard and to learn as much as they can in courses that press against the limits of their capacity. For high school students, this aspect of personal responsibility means that they must take courses that prepare them for college. Students who choose to go to college or not must prepare for the world of work. Students who do not go to college should enroll in training courses after high school. Without job training, an apprenticeship, or a two-year or four-year degree, you have a greater chance to live a life of marginal employment and income.
- 2. The second area of personal responsibility is applied to sex and marriage.** Young people should avoid sex until they have means to support a child financially and, perhaps even more importantly, emotionally and physically. This message has to be repeated and heard at an early age. Adolescents need to hear “just saying no.” When young people do initiate sex at whatever age, personal responsibility means taking all necessary measures to avoid unplanned pregnancy and sexually transmitted infections. Single parenthood is considered a public health problem. This area of personal responsibility involves three people, one of whom has no voice, a child. Children have their best chance when they have two parents who consciously love, nurture, and educate them.
- 3. The third area of personal responsibility is employment to support needs and wants.** It is each individual’s responsibility to find a job that they can do, advance in, and maybe even enjoy. The salary should pay bills, allow some savings each month, and perhaps allow for an occasional fun thing (want). Be on time, follow the rules, and be a good worker.



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WRITING YOUR OWN STORY

OBJECTIVES:

1. To discuss the idea of owning ourselves by taking personal responsibility.
2. To specifically introduce and discuss the areas of education, sexuality and employment as personal responsibility. is identified as being required.
3. To discuss the idea of knowing who we are, as an individual.
4. To offer participants opportunity to develop a personal mission statement based on their own values, causes, and beliefs.

PROCEDURE:

1. Write objectives on the board.
2. Distribute Lesson 36 Talking Sheet: Taking Ownership - Writing our own Story
3. Ask for a volunteer to open the session with a prayer, offer a prayer asking the Creator to protect participants as they evaluate themselves for who they are and how they want others to remember them after their journey, or begin the session with a minute of silence.
4. Facilitate discussion relating to the information on the Talking Sheet introduction. Stop for questions that may arise from participants.
5. Ask volunteer participants to read aloud the three area where individuals need to learn about personal responsibility.
6. After each area is read, allow participants to offer insight, ideas, and opinions and ask questions.
7. Summarize the personal responsibility section by reading the closing statement from President Obama's speech, listed on the Talking Sheet or the 10 minute YouTube listed as a resource for instruction support.
8. Read a sample Mission Statement and summarize what was read using the three things the mission statements should tell about the person or family.
9. Guide participant to write personal mission statements. Allow for input and discussion.

RESOURCES FOR INSTRUCTION SUPPORT:

1. Jerry Pattengale, Purpose Guided Student: Dream to Succeed.
2. <http://articles.bplans.com/writing-a-mission-statement/>
3. <http://www.goodcharacter.com/ISOC/Responsibility.html>
4. <https://www.ag.ndsu.edu/casscountyextension/home-and-family/unplug-the-holiday-machine>
5. <https://www.youtube.com/watch?v=vVsXO9brK7M> – (video 10.3 minutes – who you are – what is life about)

TIME:

50 minutes



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EVALUATION

On a scale of 1 to 5, with 1 being least confident and 5 being most confident, please circle one per question.

Not Confident

Very Confident

Please rate how confident you are telling others about the three areas where personal responsibility is required .

1

2

3

4

5

Please rate your increase in awareness about owning ourselves which requires personal responsibility .

1

2

3

4

5

Please rate how comfortable we are in walking the walk

1

2

3

4

5

Please rate how comfortable you felt as you planned and prepared a personal Mission

1

2

3

4

5

New things I learned or understand better because of the lesson

Comments
